You	JR COMPANY LOGO			30-Day Sprint Backlog Proj	-Capacity ect Name Version
Worktype	Deliverable Area	Product Backlog Item or Iteration	Work item ID	Sprint Work item Description	Start Date Owner
					Name

	Name
	Name

99-99	00		99-99-99	99-99-99	99-99-99	99-99-99	99-99-99	99-99-99	99-99-99	99-99-99	99-99-99	99-99-99	99-99-99	99-99-9
99-99	-99													
			Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10	Day 11	Day 12
Status	Priority	Initial	Remain Spent											
	1.0) (0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0
	1.0) (0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0
	1.0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0
	1.0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0
	1.0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0
	1.0) (0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0
	1.0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0
	1.0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0
	1.0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0
	1.0	0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0
	1.0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0
	1.0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0
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	1.0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0
	1.0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0
	1.0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0
	1.0	0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0
	1.0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0
	1.0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0
	1.0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0
	1.0	0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0
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	1.0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0
	1.0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0
	1.0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0

	1.0	0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0
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	1.0	0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0
	1.0	0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0
	1.0	0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0
	1.0	0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0
	1.0	0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0
	1.0	0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0
	1.0	0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0
	1.0	0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0
	1.0	0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0
	1.0	0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0
	1.0	0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0
	1.0	0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0
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	1.0	0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0
	1.0	0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0
	1.0	0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0
			Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10	Day 11	Day
Totals		0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0

9 99-99-99	99-99-99	99-99-99	99-99-99	99-99-99	99-99-99	99-99-99	99-99-99	99-99-99	99-99-99	99-99-99	99-99-99	99-99-99	99
Day 13	Day 14	Day 15	Day 16	Day 17	Day 18	Day 19	Day 20	Day 21	Day 22	Day 23	Day 24	Day 25	Day
Remain Spent	Spent												
0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0
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0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0
0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0
0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0
0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0
0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0
0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0
0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0
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0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0
0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0
0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0
0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0
0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0
0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0
0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0
0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0
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0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0
0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0
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	0	0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0
	0	0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0
	0	0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0
	0	0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0
	0	0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0
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	0	0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0
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	0	0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0
	0	0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0
	0	0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0
	0	0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0
	0	0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0
	0	0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0
	0	0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0
	0	0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0
	0	0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0
	0	0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0
12		Day 13	Day 14	Day 15	Day 16	Day #	Day 18	Day 19	Day 20	Day 21	Day 22	Day 23	Day 24	Day 25	
	0	0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0	0

-99-99	99-9	9-99	99-9	99-99	99-	-99-99	99-9	99-99	
26	Day 2	27	Day	28	Day	29	Day	30	
Remain	Spent			Remain		Remain		Remain	
0	0	0	0	0	0	0	0	0	
0	0	0	0	0	0	0	0	0	
0	0	0	0	0	0	0	0	0	
0	0	0	0	0	0	0	0	0	
0	0	0	0	0	0	0	0	0	
0	0	0	0	0	0	0	0	0	
0	0	0	0	0	0	0	0	0	
0	0	0	0	0	0	0	0	0	
0	0	0	0	0	0	0	0	0	
0	0	0	0	0	0	0	0	0	
0	0	0	0	0	0	0	0	0	
0	0	0	0	0	0	0	0	0	
0	0	0	0	0	0	0	0	0	
0	0	0	0	0	0	0	0	0	
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0	0	0	0	0	0	0	0	0	
0	0	0	0	0	0	0	0	0	

0	0	0	0	0	0	0	0	0
0	0	0	0	0	0	0	0	0
0	0	0	0	0	0	0	0	0
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0	0	0	0	0	0	0	0	0
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0	0	0	0	0	0	0	0	0
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0	0	0	0	0	0	0	0	0
0	0	0	0	0	0	0	0	0
0	0	0	0	0	0	0	0	0
0	0	0	0	0	0	0	0	0
0	0	0	0	0	0	0	0	0
0	0	0	0	0	0	0	0	0
0	0	0	0	0	0	0	0	0
0	0	0	0	0	0	0	0	0
Day 26	[Day 27	I	Day 28	C	Day 29	Γ	Day 30
0	0	0	0	0	0	0	0	0

Spri	nt Tracking Statistics							
Productive Hours = 4	Sprint Days =	30		99-99	99-99	99-99	99-99	99-99
	Scrum Team	%age of time on Project	Assigned Hours	М	т	w	т	F
Total Remaining Hours: 0		100%	0.0	0	0	0	0	0
Total Capacity in Hours: 0		100%	0.0	0	0	0	0	0
Variance in Hours: 0		100%	0.0	0	0	0	0	0
		100%	0.0	0	0	0	0	0
		100%	0.0	0	0	0	0	0
		100%	0.0	0	0	0	0	0
		100%	0.0	0	0	0	0	0
		100%	0.0	0	0	0	0	0
		100%	0.0	0	0	0	0	0
			0.0	0	0	0	0	0
			0.0	0	0	0	0	0
			0.0	0	0	0	0	0
			0.0	0	0	0	0	0
			0.0	0	0	0	0	0
			0.0	0	0	0	0	0
			0.0	0	0	0	0	0
			0.0	0	0	0	0	0
			0.0	0	0	0	0	0
				V= Va	cation	& Pub	lic Hol	iday

								Da	te														
99-99	99-99	99-99	99-99	99-99	99-99	99-99	99-99	99-99	99-99	99-99	99-99	99-99	99-99	99-99	99-99	99-99	99-99	99-99	99-99	99-99	99-99	99-99	
S	S	М	Т	W	Т	F	S	S	М	Т	W	Т	F	S	S	М	Т	W	Т	F	S	S	Available Hours
		0	0	0	0	0			0	0	0	0	0			0	0	0	0	0			0
		0	0	0	0	0			0	0	0	0	0			0	0	0	0	0			0
		0	0	0	0	0			0	0	0	0	0			0	0	0	0	0			0
		0	0	0	0	0			0	0	0	0	0			0	0	0	0	0			0
		0	0	0	0	0			0	0	0	0	0			0	0	0	0	0			0
		0	0	0	0	0			0	0	0	0	0			0	0	0	0	0			0
		0	0	0	0	0			0	0	0	0	0			0	0	0	0	0			0
		0	0	0	0	0			0	0	0	0	0			0	0	0	0	0			0
		0	0	0	0	0			0	0	0	0	0			0	0	0	0	0			0
		0	0	0	0	0			0	0	0	0	0			0	0	0	0	0			0
		0	0	0	0	0			0	0	0	0	0			0	0	0	0	0			0
		0	0	0	0	0			0	0	0	0	0			0	0	0	0	0			0
		0	0	0	0	0			0	0	0	0	0			0	0	0	0	0			0
		0	0	0	0	0			0	0	0	0	0			0	0	0	0	0			0
		0	0	0	0	0			0	0	0	0	0			0	0	0	0	0			0
		0	0	0	0	0			0	0	0	0	0			0	0	0	0	0			0
		0	0	0	0	0			0	0	0	0	0			0	0	0	0	0			0
		0	0	0	0	0			0	0	0	0	0			0	0	0	0	0			0

S= Sick, Business Travel, etc.



Instructions for Entering Data in Sprint Backlog & Capacity Sheets

1. Sprint Backlog Sheet

The initial tasks you need to complete to prepare this sheet for a project meeting are as follows:

Worktype	Enter a Worktype. Suggested entries include "Feature," "Tax," "Precondition," and "Spike."
Deliverable Area	Enter the Deliverable Area.
Product Backlog Item or	Enter this description.
Work Item ID	Enter the appropriate ID.
Sprint Work Item Description	Enter a description of the work to be accomplished.
Responsibility	Enter who will be responsible for the work.
Status	Suggested entries include "Complete," :In Progress," "Pending," "Postponed," or "cancelled."
Priority	Determine a scale for the Priority.
Initial (Estimate)	Enter the initial estimate for the work item.
Spent	As each day passes, enter the time spent during the day working on that item.
Remain	This amount is automatically calculated by the embedded formulas and is equal to the Initial value minus the time Spent each day.
Day Totals (Bottom of Spreadsheet)	At the bottom of the spreadsheet, totals for each day will display.

An example of typical entries for each day are shown below reflecting the Initial Value and how the Remain values reduce each day as Spent are removed from the total Initial value. At the bottom of the spreadsheet are the totals.

	9	9-99-9	9	99	9-99-9	9	99	-99-99		99-9	9-99		99-	99-99		99-9	9-99)	9	9-99-9	99	Ş	9-99	-99		99-	99-99)	99	9-99-9	99	99	9-99-9	99	9	9-99	-99	Ş	9-99	9-99		99	-99-9	9
		Day 1	1		Day 2)		Day 3			y 4			ay 5			iy 6			Day	7		Day				ay 9			ay 1	0		ay 1	11		Day	12		Day				ay 1	4
Initial	Spent	Remain		Spent	Remain		Spent	Remain	opoin	Chart	Domain	open	Chort	Remain	spen		Pemain		Spent	Remain		Spent	Remain		opon	Snent	Remain		Spent	Remain		Spent	Remain		Spent	Remaint		Spent	Remain		- Point	Spert	Remain	
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100	8	i 92		4	88		3	85		7	78		7	71		4 1	67		0	67		E	: 5	9		8	51		8	43		12	31		0	1 3	ĩ) :	31		Ø	31	
89	9	80	۲.	5	75		9	66		4 6	52 <mark>″</mark>		4	58		6 !	52		4	48	٢.	3		5		з	42		2	40	۲.	8	32	1	0	32	2	0) 3	2		0	32	٢.
45	5	; 40	•	5	35		5	30		6 3	24		5	19		2	17		6	11	1	2		9		2	7		2	5	•	2	3	1	0	1	1)	3		Ø	3	*
65	5	60		5	55		5	50		5 (45		5	40		5	35		5	30		5		5		5	20			15		5	10		0	10	2	C)	10		0	10	
		Day	1	[Day 2	2	[Day 3		Da	y 4		D	ay 5		Da	iy 6	;		Day	7		Day	8		D	ay	9	[Day	10		Day	11		Day	12		Da	y 13	}	D)ay	14
419	27	272		19	253		22	231	2	2 #	#	2	21 1	88	1	71	71		15	156		18	138	3		18	120		17	103		27	76		0	76	i	0	7	6		0	76	

1. Capacity Sheet

The initial tasks you need to complete to prepare this sheet for a project meeting are as follows:

Current Date	Enter the day of the week.
Sprint Start Date	Enter the date in a 99-99-99 format.
Scrum Team	Enter the names of the individuals on the Scrum Team.
% of Time Allocated to Project	Enter the % of time each individual can devote to the team.
Assigned Hours	Enter the total assigned hours for each individual.
Date	Enter the date for each of the days.
Hours	Enter the amount of hours worked each day.